

August 2017 Employee Training Calendar

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		1 Quarter/ Half/ Mile Club 12:05pm @Central	2 Quarter/ Half/ Mile Club 12:05pm @Central	3 Quarter/ Half/ Mile Club 12:05pm @Central	4 Quarter/ Half/ Mile Club 12:05pm @Central Smoking Cessation #4 3:00pm @Central	5
6	7 Pace Walking 12:05pm @Central	8 Quarter/ Half/ Mile Club 12:05pm @Central	9 Quarter/ Half/ Mile Club 12:05pm @Central	10 Quarter/ Half/ Mile Club 12:05pm @Central Importance of Hydration 2:00pm @ Central Smoking Cessation #5 3:00pm @Central	11 Quarter/ Half/ Mile Club 12:05pm @Central	12
13	14 Pace Walking 12:05pm @Central	15 SYEP Wrap Up 8:30am @Executive Quarter/ Half/ Mile Club 12:05pm @Central	16 Quarter/ Half/ Mile Club 12:05pm @Central	17 Quarter/ Half/ Mile Club 12:05pm @Central Smoking Cessation #6 3:00pm @Contracting	18 Quarter/ Half/ Mile Club 12:05pm @Central	19
20	21 Interviewing 11:00am @Central Pace Walking 12:05pm @Central	22 Employee Orientation 7:30am - 4:00pm @Central Quarter/ Half/ Mile Club 12:05pm @Central	23 Quarter/ Half/ Mile Club 12:05pm @Central	24 Customer Service 8:00am @Central Quarter/ Half/ Mile Club 12:05pm @Central Smoking Cessation #7 3:00pm @Central	25 Excel I 10:30am @Lab Quarter/ Half/ Mile Club 12:05pm @Central	26
27	28 Pace Walking 12:05pm @Central	29 Management Development 7:30am - 3:30pm @Central Quarter/ Half/ Mile Club 12:05pm @Central Motivation 1:30pm @Central	30 Quarter/ Half/ Mile Club 12:05pm @Central	31 Quarter/ Half/ Mile Club 12:05pm @Central Smoking Cessation #8 3:00pm @Central		

Get your supervisor's permission before registering for any training. If you are unable to attend, please send an email to cancel so that someone else can attend. Register by email at: joseph.flewellen@tulsahousing.org

Development / Wellness BE CAUTIOUS, KIDS ARE BACK IN SCHOOL!

Customer Service

Why do customers keep coming back? Learn how to reduce our cost and build a better relationship by simply providing, "good" customer service.

Employee Orientation

Learn "WHO" T.H.A. is and how you fit into our team. All day mandatory training.

Excel I

Give your calculator a break! Learn to apply the basics of creating a spreadsheet, formulas and the use of tools to organize inventory.

Importance of Hydration

Water is an essential element that helps your body function efficiently. Increasing your water intake can help you lose weight and flush your system too! Join guest speaker Tiffani Quarles, registered dietitian.

Interviewing

Have you been interviewing for internal positions but are not being promoted? This class will help sharpen your interviewing skills and we will also do a mock interview with a critique.

Management Development

This mandatory management course is designed to give supervisor's tools to use when communicating with staff to better understand those they supervise.

Motivation

Different people are motivated by different circumstances or methods. Find out what motivates you and others to excel beyond your own expectations.

Pace Walking

Do you want a challenge in your walking routine? Join this new style of indoor walking with varying speeds to optimize your fat burning capacity.

Quarter/ Half/ Mile Club

This indoor walking club meets at Central office and strolls through the building during lunch in less than 15 minutes!

Smoking Cessation

In partnership with the Tulsa Health Department, this 8 week smoking cessation class will help free you from cigarettes and save you money.

SYEP Wrap Up

For our teens participating in THA's Summer Youth Employment Program (SYEP), this will serve to close out the 2017 program.

